

**Engage Sport North**  
Vigour Athlete Application  
Form

**Please check Vigour session that applies:**

- Vigour – Winter Session – January 4 – March 11, 2021**
  - Vigour – Spring Session – April 5 – June 11, 2021**
  - Vigour – Summer Session – July 5 – August 27, 2021**
  - Vigour – Fall Session – September 13 – November 19, 2021**
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*Please email completed application form to Engage Sport North manager of High Performance, Dave Adolph at [dadolph@engagesportnorth.com](mailto:dadolph@engagesportnorth.com)*

**Full Legal Name of Athlete:**

**Preferred First Name:**

**Gender: M / F**

**Birthdate (MM/DD/YYYY):**

**Address:**

**City:**

**Postal Code:**

**Parent's Names:**

**Parent's E-Mail:**

**Primary Sport** (must be a member of the Prov Sport Organization)

**Coach's Name (if a parent is the head coach, please use an assistant coach):**

**Number of Years as Coach of Athlete:**

**Phone number:**

**E-Mail:**

**Secondary Sport** (if applicable):

**Short Answer Questions for the Athlete to fill out:**

1. Have you competed at provincial championships? (If yes, which age class?)
  
2. What is the highest level that you have competed at?
  
3. If applicable, do you have a provincial or national ranking in your sport?
  
4. What does a typical week of practices/physical activity look like for you?  
(Sport Specific):

**(Other Training outside of Phys Ed Class):**

**Clothing Size T-shirts (please circle your size)**

Male	S	M	L	XL
Female	S	M	L	XL

**Applications received without the Athlete Application form fully completed will not be accepted.**

*I agree the content of this application form is accurate and complete.*

\_\_\_\_\_  
**Signature of Athlete**

\_\_\_\_\_  
**Signature of Parent/Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Date**