

# INDIGENOUS ATHLETE PERFORMANCE PROGRAM (AGES 11-19)

FEBRUARY 2022

## APPLICATION

- Prince George
- Hazelton

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Address: \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address: \_\_\_\_\_

Sport(s): \_\_\_\_\_ Team: \_\_\_\_\_

Coach Name: \_\_\_\_\_ Coach Phone: \_\_\_\_\_

Coach Email: \_\_\_\_\_

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Please list your most notable competition results from the past 2 years: \_\_\_\_\_

What are your sport(s) goals? \_\_\_\_\_

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On a scale of 1-5(1 is low 5 is high) please circle your overall fitness level **1 2 3 4 5**

On a scale of 1-5 (1 is low and 5 is high) please circle your overall experience with non-sport specific training (weight training, energy systems, agility, etc) **1 2 3 4 5**

How will this training program assist you in achieving your high performance goals? \_\_\_\_\_

- **Optional Information.** Please check what is applicable to you:  First Nations  Inuit  Metis  Non-Status

- Please submit your application to [admin@engagesportnorth.com](mailto:admin@engagesportnorth.com)

**Application deadline:** Please apply by February 18, 2022

Applicant Name (Please print) \_\_\_\_\_ Signature \_\_\_\_\_

Date Y/M/D \_\_\_\_\_

